

May I Have Your Attention, Please?

Understanding and Parenting a Child with ADHD



Join others in the struggle, and learn effective ways to be successful at parenting a child with ADHD!

You will learn:

- The ADHD mind; causes and treatments of ADHD
- Discipline that works
- To see your child in an entirely different light
- How to communicate effectively
- How to help with social skills
- Organizational tools
- Communicating with the school
- And more!



➤ *Childcare will be available*

Provided by Plano ISD Family Education & Guidance Department

For a complete list of parent workshops, visit

<http://www.pisd.edu/about.us/departments/familyservices.shtml>

Or call 469/752-2272 for more information

We get it! We can help.

- Tired of screaming matches?
- Homework a hassle?
- Does your child have a hard time keeping friends?
- Not sure if you should try medication?
- Tired of repeating instructions?

Schedule

Wednesdays:

February 1: Session 1
Understanding ADHD

February 8: Session 2
Understand and Connect
with Your Child

February 15: Session 3
Discipline that Works

March 1: Session 4
Partnering with the
School

**Workshops are from
6:30-8:00pm**

LOCATION:

**PISD Bird Center
1300 19th Street
Plano, 75074**